

JASON LEWIS: AROUND THE WORLD BY MUSCLE POWER

1. Before you watch the video, match the following words and expressions with their definitions:

circumnavigate verb [T]

brave verb [T]

flee verb [I or T; never passive]

quest noun [C]

leg noun [C]:

implement verb [T]

escort verb [T]

mishap noun [C or U]

to deal with an unpleasant or difficult situation

a long search for something that is difficult to find, or an attempt to achieve something difficult

a particular stage of a journey, competition or activity

to go with someone or a vehicle especially to make certain that they arrive safely or that they leave a place

bad luck, or an unlucky event or accident

to sail all the way around something

to put a plan or system into operation

to escape by running away, especially because of danger or fear

2. Now use the words in the previous exercise to fill in the gaps in these sentences. You may need to change the words a bit to fit them in the sentences.

1. The changes to the national health system will be _____ next year.
2. She _____ from the room in tears.
3. Shall we _____ the snow and go for a walk?
4. Nothing will stop them in their _____ for truth.
5. The last _____ of the race was Paris to London.
6. Several little boats _____ the sailing ship into the harbour.
7. A series of _____ led to the nuclear power plant blowing up.
8. They _____ Cape Horn Island in canoes.

Definitions and examples from Cambridge Advanced Learner's dictionary

3. Now watch the video and do the following exercise:



video from abc podcasts

1. Put these events in chronological order:

- travelled through Colorado on roller blades
- cycled across Africa
- crossed the Bosphorus in a rowing boat
- crossed the Pacific escorted by dolphins
- crossed the Atlantic to the US in a small boat

2. It took Jason Lewis so long to go round the world because:

- he used only human power
- he had several problems along the way
- he spent nearly four years in hospital
- he broke his leg twice

3. He set off on this adventure:

- to implement educational programs
- because it had never been done before
- for the physical challenge but also as a means to help educational and charity projects
- to raise money for local charities in Africa

4. His worst moment was:

- when he was run over by a car
- one Christmas he had to have dinner in the middle of the Atlantic two thousand miles from land
- having to eat dried mutton granules
- when a shark nearly attacked him

5. Now that he is back in London:

- he regrets being away from his family for so long
- he wants to start another expedition as soon as possible
- he is really happy to see his family again
- he finds embarrassing that he can't recognize some members of his family

4. Discuss:

1. Do you think what he did is heroic or stupid?
2. Would you like to do something similar?
3. Do you consider yourself a tourist or a traveller?